



# Asdamarin™

Asdamarin™ is a unique combination of herbs that have a rich history of use in European traditional medicine and Ayurveda. Asdamarin™ is designed to provide relief from occasional indigestion with a daily dose of just 500 milligrams.\* Asdamarin™ may help digestion by supporting the movement of food through the digestive tract.\*

- **Supercritical asafetida (*Ferula assa-foetida*) oleo-gum-resin extract combined with a milk thistle (*Silybum marianum*) seed extract in a 1:3 ratio**
- **Backed by a double-blind, randomized, placebo-controlled trial that demonstrated improvements in:**
  - Gastrointestinal Symptom Rating Scale (GSRS)\*
  - Measures related to indigestion\*
- **Free of the 8 major food allergens**
  - Milk | Eggs | Fish | Crustacean Shellfish |
  - Tree Nuts | Peanuts | Wheat | Soybeans

*Digestive support  
inspired by nature\**



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Claims should be reviewed under the guidance of regulatory and/or legal counsel for compliance.

  
**VIDYA HERBS™**  
COMMITTED TO NATURE

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